

Skirt with Elastic Waist

Supplies:

- Fabric (Use the **Skirt Fabric Calculation** worksheet to determine how much fabric you need)
- 1½" wide elastic, the length of your waist measurement
- Thread
- Sewing Machine
- Pins
- Scissors



1. CUTTING THE FABRIC:

- 1.1 Cut the fabric into the length and width determined on the worksheet.
- 1.2 If the circumference of your skirt is wider than the width of your fabric, then you need to sew two pieces of fabric together, side by side. So take skirt circumference and divide that number by two, and cut two pieces of fabric that size.

2. SEW THE SIDE SEAMS:

- 2.1 If you have two pieces of fabric, put the two pieces together with the right sides facing each other. If you only have one piece of fabric, fold it widthwise with right sides facing each other.
- 2.2 Sew the pieces together at the side seams.
- 2.3 Finish the side seams with a zig zag stitch.

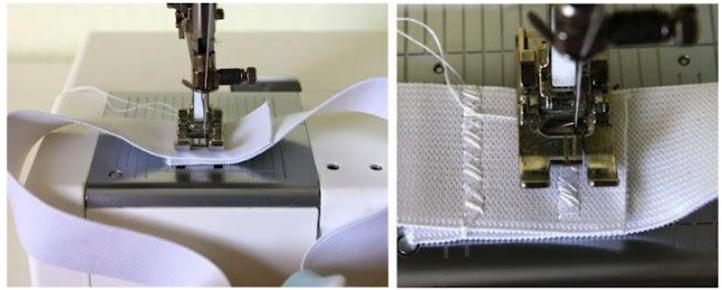


3. SEW ELASTIC CASING: Fold the top edge over ¼" and then again over 2¼ " to make the casing for the elastic. Pin. Sew the casing near edge all the way around except leave a 2" hole to insert the elastic. It is important to sew near the edge so your elastic has enough room to move freely.



4. ELASTIC:

- 4.1 Cut elastic the measurement around for your waist. Attach a safety pin to one end of the elastic. Attach the other end of the elastic to the skirt near the hole with another safety pin.
- 4.2 Guide the elastic through the casing, making sure you don't twist it. Attach the ends of the elastic together with a safety pin at the hole.



- 4.3 Try on the skirt and adjust the size of the elastic. Pin the elastic and sew the ends together.
- 5 CLOSE CASING HOLE: Hand sew (or use the machine) and close the hole in the casing.
- 6 HEM:
 - 6.1 Turn the bottom of the fabric $\frac{1}{4}$ " and then turn again $1\frac{1}{2}$ ". Pin and press.
 - 6.2 Sew the hem closed all the way around, either with the machine or hand sewing.